

## **Books and Resources for the Actor**

### Acting

Improvisation for the Theatre by Viola Spolin (Improv)  
Theatre Games for the Classroom by Viola Spolin (Improv/Games)  
An Actor Prepares by Stanislavski  
Building a Character by Stanislavski  
Creating a Role by Stanislavski  
On Acting by Sanford Meisner  
Respect for Acting by Uta Hagen  
Free to Act by Mira Felner (Good Beginning Text)  
Audition by Michael Shurtleff (Audition)  
How to Stop Acting by Harold Guskin (Support Reading)  
Irreverent Acting by Eric Morris (Advanced)  
No Acting Please by Eric Morris (Acting)  
Acting Onstage and Off by Robert Barton (good exercises)  
Advanced Acting by Robert Cohen (Style)  
112 Acting Games by Gavin Levy (Improv/Games)  
On the Technique of Acting by Michael Chekhov  
To the Actor by Michael Chekhov  
The Art of Acting by Stella Adler  
Play It by Wayne Rice (Youth Games)  
At Work with Grotowski by Thomas Richards  
The Incredible Indoor Games Book (Youth Games)  
Acting in Musical Theatre: A Comprehensive Course by Rocco Dal Vera  
Playing Shakespeare by John Barton (the text follows an RSC video program)  
Lessons for the Professional Actor by Michael Chekhov  
Acting in Restoration Comedy by Simon Callow

### Acting Styles

Freeing Shakespeare's Voice by Kristin Linklater (Voice/Style)  
Acting in Shakespeare by Robert Cohen (Shakespeare)  
Style: Acting in High Comedy by Maria Aitken (Comedy)  
Secrets of Acting Shakespeare by Patrick Tucker (Great Read)  
Style: Acting in High Comedy by Maria Aitken (Comedy)  
Acting With Style by John Harrop

### Analysis

Backwards and Forwards: A Technical Manual for Reading Plays by David Ball

### Acting for the Camera

Acting in the Million Dollar Minute by Tom Logan (Commercial)  
Acting for the Camera by Tony Barr (TV/Film)  
Acting in Commercials by Joan See

### Stage Combat

Fight Directing for the Theatre by J. Allen Suddeth (Combat)  
Actors on Guard by Dale Girard  
Swashbuckling by Richard Lane  
Basic Stage Combat (DVD)

### Voice

Freeing the Natural Voice by Kristen Linklater  
The Right to Speak by Patsy Rodenburg  
Voice and the Actor by Cicely Berry  
The Use and Training of the Human Voice by Arthur Lessac  
The Actor and the Text by Cicely Berry

### Movement

How to Learn the Alexander Technique by Barbara Conable  
Team Building Through Physical Challenges by Donald Glover  
The Actor and His Body by Mitz Pisk  
The Alexander Technique: A Skill for Life by Pedro de Alcantara  
The Alexander Technique: Freedom in Thought and Action by Tasha Miller and David Langstroth  
Awareness Through Movement Moshe Feldenkrais  
The Viewpoints Book: A Practical Guide to Viewpoints *by Anne Bogart & Tina Landau*

### Career

Acting is Everything by Judy Kerr LA  
The New York Agent Book by K. Callan (current ed.)  
The LA Agent Book by K. Callan (current ed.)  
Ross Reports (monthly)  
Backstage New York (weekly)  
Backstage LA (weekly)  
LA Access by Richard Saul Wurman (current ed.)  
NY Access by Richard Saul Wurman (current ed.)  
Directory of Theatre Training Programs  
Regional Theatre Directory  
Summer Theatre Directory  
Acting Professionally: Raw Facts about Careers in Acting by Robert  
Fodor's Guide to New York City  
Fodor's Guide to Los Angeles  
Fodor's Guide to Chicago